



Cavalier King Charles Spaniel Club of NSW Inc.

Affiliated with Dogs NSW

February - March 2019

Newsletter





Club Organisation

PATRON	Mrs Jeanie Montford
PRESIDENT	Jeanie Montford PO Box 94 Round Corner NSW 2158 9654 1203
VICE PRESIDENT	Karen Paul
SECRETARY	Laurie Smith 5 Pandora Place Tahmoor NSW 2573 ckcsnsw@bigpond.com
TREASURER	Lyn Archer 44 Moss Street West Ryde NSW 2114 9858 2595 larcher06@optusnet.com.au

COMMITTEE

Kerry Rolfe	48480222
Julie Christie	47543129
Heather Lenihan	98321918
John Christie	47543129
Sondra Boyce	63313790
Chris Smith	46819507
Karen Camilleri	0431649700

PET REFERRAL	Robyn Buckland 9606 5114
RESCUE OFFICER	Rhonda Callaghan 4296 2022
LIFE MEMBERS	Mrs Jeanie Montford Mrs Rhonda Callaghan

Specific Enquiries regarding:

CLUB SHOWS	Show Secretary TBA
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ASSISTANT SECRETARY	Chris Smith
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MEMBERSHIP	Kerry Rolfe
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YEAR BOOK	John Christie ckcscons@ozemail.com.au
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HEALTH	Karen Camilleri
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WEBSITE	John Christie
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TROPHIES	Karen Paul
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NEWSLETTER	Julie Christie
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EVENTS	Heather Lenihan
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Any other subject should be referred to the Secretary.



Club Year Book

Applications for advertising are now closed for the 2019 Yearbook.

Editing is well underway and expectation is for the book to be available for collection and purchase at the Club's Easter Show.

Additionally those who have paid for delivery will receive their book in the post around this time.

Cavalier Health

Heart and Eye Health Clinic

Saturday 16th February 2019

Bill Spilstead Complex, Luddenham Road, Orchard Hills

HEART CLINIC to be held in the German Shepherd building with NIEK BEIJERINK (CARDIOLOGIST)

EYE CLINIC to be held in the German Shepherd building with BRUCE ROBERTSON (OPHTHALMOLOGIST)

For all bookings, please ensure you bring your Dogs NSW Registration papers & micro-chipping records.



Entries Close Paper: 11 April, Online: 15 April 2019

CAVALIER KING CHARLES SPANIEL CLUB OF NSW INC

96TH CHAMPIONSHIP SHOW

BILL SPILSTEAD COMPLEX FOR CANINE AFFAIRS
44 LUDDENHAM RD, ORCHARD HILLS (RING 12)

EASTER SUNDAY 21 APRIL 2019

Classes to be judged: 1, 2, 3, 4, 5, 8, 9, 10, 11 & 18 (dogs & bitches)

Entries to: Mr L Smith, 5 Pandora Pl, Tahmoor 2573
Ph 0420 230 448

Extreme Weather Ph 0412 749 747

Cheques made payable to:

Cavalier King Charles Spaniel Club of NSW Inc

JUDGE

Mrs Anne Dobie (NZ) (Glengariff)
Cavalier King Charles Spaniels



Order of Judging As per Catalogue

Judging Commences 9.30 am

DOGS NSW Representative Mrs M Try

Entry Fees Members \$15.00, Babies \$8.00

Non Members \$18.00, Babies \$10.00

Special Classes \$2.00 enter on the day

Veterans Parade Free

Catalogues \$6.00 prepaid. Marked catalogue \$10.00 including postage. Advertising is available in the catalogue \$12.00 full page, \$7.00 per half page

Advertising to accompany entries. 3 or more generation pedigree needing retyping extra \$5.00

Refreshments Available on grounds

Camping Contact DOGS NSW for bookings

Property Classes Best Blenheim, Tricolour, Ruby & Black & Tan. All dogs entered in special classes must compete in at least one ordinary class

Veteran Parade Veterans must be 8 years or older. Veterans entered in the parade may not compete in Ordinary or Property classes. A resume of no more than 50 words must be forwarded to the Show Secretary no closer than week before the show.

Please state colour and on entry form

PRIZES

General Specials Trophy & Sash,

Special Classes Trophy & Sash



Dr Kay Pitkeathly BVSc 109 Billa Road, Corner Menai Road, Menai NSW 2234
Telephone: (02) 9541 1455 Fax: (02) 9543 1756
menaivet@menaivet.com.au

Puppy Growth

Puppies are not small adult dogs, Puppies need to grow and develop. Their bodies go through a lot of changes in their first year. Major growth occurs between 3 and 6 months of age. Most dogs achieve 90% of their adult size by 9 – 10 months of age. Healthy puppies will grow into healthy adults.

Puppies bones grow. Most of the growth is from their growth plates. These are soft areas near each end of the long bones. Most growth plates close between 4 and 12 months of age depending on the breed and which bone. However, with many giant breeds of dogs, growth plates don't close until 15 to 18 months of age. Long bones in puppies are softer than long bones in adults as they haven't fully calcified. Calcification is not complete till after puberty. Fifty percent (50%) of all fractures in dogs occur before they are one year old. Spiral fractures are common in puppies, it occurs when there is a twisting motion on bone e.g. by retrieving, bringing back a stick, ball throwing, jumping, fly ball, any quick turning – anything where the top half of the limb goes one way and the bottom half goes the other way. Their bone matrix is soft, and a twist can lead to a fracture.

As bones grow, muscles and tendons stretch over joints and become more susceptible to injury as it is easy to overload the tissue. Puppies are not able to do high intensity or high impact exercise without long term effects. Repeated intensive exercise can cause microtears and microinjuries which can lead to a change in development of bone and muscle.

Exercise

Types of exercises -play is best for young dogs

	Small Breed	Large Breed
2 months	10 minutes twice a day	10 minutes twice a day
6 months	30 minutes twice a day	30 minutes twice a day
6 – 9 months	3 times a day 30 minutes	twice a day 30 minutes

Keep training sessions short. For a puppy 10 minutes is enough at a time and twice a day is enough. Even a play session 10 minutes then rest. If your puppy is tired - listen to him and let him rest. Until the growth plates close do not do any repetitive exercises e.g. ball fetching, stick chasing, agility or jumping.



Types of exercises: aim to improve muscle tone and condition.

1. Strengthening - sit to stand, crawling, high five, down to stand & tug of war.
2. Endurance - aim is to improve long term muscle, cardiovascular and respiratory performance walking, trotting, running, swimming, resistance work up and down hills or sand.
3. Flexibility – aim is to improve range of motion and suppleness. Playing ball, figure 8's & PROM.
4. Core strengthening – tug of war, multiple short fast reps of exercises.
5. Proprioception e.g. weight shifting front to back, cavalettis, backward stepping or walking, ladder walking.

Fitness is about age appropriate exercises. Immature bodies are not able to cope with high impact, high intensity exercises without long term detrimental effects. The aim is to have good core strength, good gait, and not overdo it as a puppy so that we can prevent orthopaedic diseases developing. It is important to stimulate a puppy's brain and look after their wellbeing.

Pups 8 weeks to 6 months

- Need at least 2 days a week of no exercise
- Strengthening leash walking 5 minutes / month of age up to twice a day at 6 months.
- Core strengthening e.g. paws on an elevated surface for ten seconds standing. Side to side weight shifting. Strengthening should be done daily – but for only a few minutes.
- Walking on different surfaces e.g. grass, sand, shallow water, carpet, wooden floors, gravel.
- Remember pups cannot regulate their body temperature well and can get overheated quickly, with a high heart rate and respiratory rate. 5 minutes of swimming in water is enough for a pup under 6 months of age.
- One of the best things to do is crate train your dog- it is a skill all pups should learn,



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and it also gives them the sanctuary of a safe place to rest. Don't leave them in a crate for long periods of time. (Never more than 4 hours).

- Socialisation is very important at this time so go to different environments, beaches, parks, walkways etc.
- Behaviours – this is the time to work on behaviours, things like chewing, digging, barking and all the antisocial traits you don't want your puppy to learn – so work on these now.

Structured exercises can start

Adult weight	
Less than 10kgs	9 months
11-45 kgs	14 months
Over 45kg	11-24 months

Structured exercises are those where you are in control, not puppy e.g. walking, running and jogging.

Show	6 months
Agility	12 – 14 months
Performance, hunting etc	12months +

Nutrition

Large breed puppies are more sensitive to certain nutrient deficiencies and excesses. It is important to check the label – some can be tricky e.g. difference between “including” and “except for” – in AAFCO nutrient profile requirement labelling. Labels for large breed will say “including” and others must say for growth and all life stages except for large size dogs. Calcium levels and needs are different for age and size. Calcification is not complete till all the growth plates close. When calcium, phosphorus and vitamin D aren't in appropriate concentration in the diet, there is a significantly higher risk of developing orthopaedic disease. It is best not to switch to an adult diet too early, (this means after 18 months in large breeds) as puppies need more calcium, phosphorus, iron and protein than adult dogs. The ratio of calcium to phosphorus is very important. Calcium levels are also affected by magnesium. Copper is important for its role in collagen and elastin metabolism. Zinc is important for its role in connective tissue metabolism and bone growth.

Excess calcium can cause stiffness, lameness, kidney problems and NSHP (nutritional secondary hyper parathyroidism). Chondrocyte maturation is slowed leading to angular limb deformities and osteochondritis dissecans. When Vitamin D levels are high as well mineralisation can occur in soft tissues. Calcium deficiency causes sweating, anxiety or depression, gut issues, muscle fasciculations and tremours and stiff gait.

When Vitamin D levels are too low, there is inadequate mineralisation of bone, so a growing dog could develop soft bones, thickened physal cartilage plates, lameness, pain, angular limb deformities and rickets.



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If a high calorie diet is fed in the first year of a dog's life (whether the diet is high in protein e.g. a high meat diet or high in fats) there is increased growth rate and changes in hormone regulation. This leads to weaker subchondral bone and weaker growth plates and slow cartilage maturation.

Nutritional, hormonal and genetic factors all are important in the growth of animals. There is a lot of evidence that unbalanced or incomplete diets lead to growth abnormalities. Musculoskeletal disorders are common in young dogs and a large proportion are nutritional related. Osteoarthritis in (hopefully) older age is also related to feeding in their first year of life. Large breed dogs are at a higher risk of having problems than smaller breeds.

Do not put your puppy on a grain free diet. Carbs are not bad for dogs. Don't pay attention to marketing that has no scientific basis at all in pets – it has just spread from what is selling well to people. Sugars are not good for your pet, but complex carbohydrates are an important part of your pets diet for optimum health. Yes “in the wild” wolves ate whole carcasses – remember whole, not just meat. They ate the offal (heart, liver, kidneys etc) bones and all the stomach contents and skin and hair also. They did not just eat meat and they lived till 6 or 7 years of age, where hopefully your pup will live for 12 to 15 years. An all meat diet is unsuitable for any pet. It is deficient in calcium and other nutrients and has excess phosphorus. For long life, good health and reduced risks of arthritis and other degenerative diseases, your pet needs to be on a complete and balanced diet from an early age.

Please discuss what you are feeding your puppy with your vet. They are the best people to advise you whether the diet is complete and balanced and if there are better options available.





Club Meetings

GENERAL MEETING OF THE CAVALIER KING CHARLES SPANIEL CLUB OF NSW INC. Erskine Park on 27th Nov. 2018.

- 1 Attendance
Chair- Jeanie Montford..Committee 7. Members 3.
- 2 Apologies
As per book.
- 3 Approval of minutes of the previous meeting
Moved –K.Paul. Seconded – C.Smith.
- 4 Business arising from the previous minutes.
Monthly meetings to be held at St.Marys R.S.L.Commencing January meeting.
Carried by meeting.
- 5 New members
Nil.
- 6 New titles.
Nil.

Sporting.
Nil.
- 7 Correspondence.

Correspondence In.
Castle Hill Council.

Correspondence out.
Castle Hill Council
Sponsorship application Black Hawk (Sept.Show)
Sponsorship application Orivet (Easter Show)
- 8 Treasurers Report.
As Per Report.

Cheques Raised	Amount	Payee	Reason
Moved- S.Boyce.		Seconded- R.Coughlin.	
- 9 Reports –

Show:



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Gail Arkel locked in as Open Show 2019 judge.

Rescue:

Members. Still getting a large amount of enquiries from people wishing to re home a Cavalier. We still have the little Cavalier from the RSPCA but she is not quite ready to go to a new home yet, most likely early in the new Year. That is all from me. Regards Rhonda.

Rhonda added she thinks 99% sure that she has found a home for the little one she has had to care for a bit longer. A couple will be coming down within the next 2 weeks.

Year Book:

Nil.

Health:

Nil.

Events:

Fun Day booked 19/05/2019

10. General Business

There being no further business the meeting closed at 7.51 pm.

GENERAL MEETING OF THE CAVALIER KING CHARLES SPANIEL CLUB OF NSW INC. Erskine Park on 18th Dec. 2018.

- 1 Attendance
Chair- Jeanie Montford..Committee 10. Members 1.
- 2 Apologies
As per book.
- 3 Approval of minutes of the previous meeting
Moved – C.Smith. Seconded – K.Paul.
- 4 Business arising from the previous minutes.
Nil.
- 5 New members
Nil.
- 6 New titles.
Nil.

Sporting.
Nil.
- 7 Correspondence.



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Correspondence In.

BlackHawk sponsorship Sept 2019 Show.

Closing dates Dogs NSW (christmas).

Dog Lovers Show discount ticket offer.

Orivet sponsorship Easter Show.

Correspondence out.

8 Treasurers Report. As Per Report.

Cheques Raised	Amount	Payee	Reason
201559	\$66.00	Dogs NSW	Inv.377552
201560	\$41.00	R Callaghan	Petrol rescue
201561	\$591.85	Medger p/l	Vet cost "Indie"
201562	\$256.00	Dogs NSW	Draft schedule fee Gazette Ad Mar19
201563	\$23.00	Dogs NSW	Oct meeting.
201564	Cancelled.		
201565	\$20.00	C.Smith	Cards.

Moved- K.Paul.

Seconded- R.Duffy.

9 Reports –

Show:

Jeanie/Laurie to liase on Berna hindle show secretary ?? and

Ann Dobey's Agenda.

Visiting Judges Visas to be worded Holiday not Judging.

Rescue:

Members, a 4yr old Cavalier that was surrendered to us on the 7th of December is going to his new home on the North Coast on Tuesday the 18th, The little Cavalier we have from the RSPCA is slowly coming good and hopefully we will be able to find her a suitable new home in the new year. We are still getting lots of enquiries for Cavaliers and thankfully we do not have any that need a new home. That is all from me this month, I wish you all a Merry Christmas and a Great New Year. Cheers Rhonda

Year Book:

All under control at this stage.

Health:

K.Paul to check with Dogs NSW to check if German Sheppard room available For heart and eye clinics

Events:

10. General Business

There being no further business the meeting closed at 8.05pm.



Administration

Change of Member Details

Please send to:
The Membership Secretary
5893 Federal Highway Wollongorong NSW
2581 or rolfegk@gmail.com

Provide your name

Change of Name:

Change of Address:

Change of Phone, Mobile
or Fax:

Change of Email

Kennel Prefix

Breeder's Directory

Please Add

Tick

Please
Remove

Tick

Title Notification

Copy of ANKC Registration Certificate showing title attached? YES / NO

What Title are you applying for?

Is this your first Title? YES / NO

e.g. Championship, CD, ADX, ET

NOTE: A separate application must be made for each title claimed and a copy of the registration certificate must accompany each application. Closing date for applications is the October meeting. Trophies are presented at the Christmas party (December Meeting) each year and members must be financial at that date (available to club members only). If you are unable to collect your trophy please send a cheque or money order for \$2.00 payable to the CKCSC of NSW to the Secretary to cover postage and packaging.

Please send to: The Secretary 5 Pandora Place Tahmoor NSW 2573

Health Register

Heart Register / MRI Register
Cross out not relevant

Please Add

Tick

Attach details of new Heart and MRI
scans and send to The Health Officer,
Karen Camilleri,
email kccamo@tpg.com.au

Please
Remove

Name for removal

Membership Application Form

Kerry Rolfe (02) 4848 0222
rolfegk@gmail.com

Club website

<http://www.cavalierclubnsw.com/membership>

Should you be proposing a new member please ensure that they are aware of the dates for

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